

# What glass ceiling? Leadership skills for women



## **Handout**

### **I Care!**

- Integrity
- Compassion
- Accountability
- Respect
- Excellence
- ! Passion

### **How can we improve?**

#### **Stop...**

- Making excuses
- The negative self-talk
- Stalling
- Trying to do it all yourself—find a mentor and begin to work together

#### **Look...**

- At your options
- For opportunities for meaningful impact

#### **Listen ...**

- To your inner voice
- To your heart
- To your mentor

#### **Think...**

- About the timing
- About the best leadership position for you

#### **Respond...**

- Find your voice
- Raise your hand...do it!
- Stand tall for children
- Be grateful
- Find multiple resources online at [KiwaniisOne.org](http://KiwaniisOne.org)

### **Resources**

- “How Remarkable Women Lead” (2011), Barsh, J. and Cranston, S. Random House Inc: New York.
- “Leadership Skills for Women” (1995), Manning, M. and Haddock, P. Crisp Publications, Inc.: Menlo Park, CA.
- “Nice Girls On Top” (2011), Forrester, Patricia. Heekin Press: Los Angeles.
- “Disappointing Statistics, Positive Outlook” (2011), Toegel, Ginka. Forbes.com
- “Volunteering Enhances Women’s Career Development”, Fritz, J. About.com (citing study by Women’s Way, a Change of Pace).

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